



Can it be that October is almost gone? For me it's been a lovely slow fall... unlike other years in Sitka where it has gone rushing past... I feel like this leaf, on an island, as the rest of the world whooshes by.

Ahhh, to stay centered and grounded, for a bit... lovely...

1. Thanks for a great Alaska Day. We sold out of chowder... Thanks to some of you, we had great bread and cookies, wonderful music and lots of people. A few politicians came, lots of visitors and our supporters... Great time everyone. Thank You!
2. We are having a Newsletter Folding Party on October 26, 27, 28. If you can help us out, please call and let me know... Thanks... 10-2PM here at the Pioneer Home Manager's House
3. On Tuesday, November 9th, there will be a production of "Tuesdays with Morrie" at the Performing Arts Center. Cyrano's Theatre group from Anchorage is performing this play. We feel this is a good connection to promote a lovely book and play and how it couples to the work we do here at Brave Heart Volunteers. Kenley Jackson is the Performing Arts coordinator in Sitka and she is seeking some help! She needs some volunteers to put up posters around town, there is a prop list that needs to be filled if you are trying to be that explorer, and she will need someone to take tickets the night of the show. She also needs people to get the word out about the production. If you can help with any of these tasks, please call her at 747-3085

4. November 10th from 11:30-1 PM Center for Community, Home Health Care and Brave Heart Volunteers will be teaming up for a celebration of Home Health Care and Hospice Month. We will have lots of information, Lunch consisting of soup and other goodies, and Dan Etolain will be taping it for TV... Come and learn more about these wonderful resources we have available in Sitka...
5. We are gearing up for Brave Heart Bowls....Make sure you mark your Calendars for Dec. 1st. We are starting to ask for Silent Auction Items... Do you know any Artists? Do you have an item of value and is it in great shape... would you like to pass it along and help out our Silent Auction Format... Let us know! I have seen one of the chairs for the silent auction... and am so thrilled with the results...can't wait to see the rest! Also for Brave Heart Bowls... if you are a potter, or baker or soup maker ... and would like to assist us... Let me know... Thanks... for all of your help in advance... We can't do this without you!

Piglet's Song

Let's find a Way today,
that can take us to tomorrow.
We'll follow that Way,
A Way like flowing water.

Let's leave behind,
the things that do not matter.
And we'll turn our lives,
to a more important chapter.

Let's take the time and try to find,
what real life has to offer.
And maybe then we'll find again,
what we had long forgotten.
Like a friend, true 'til the end,
it will help us onward.

The sun is high, the road is wide,
and it starts where we are standing.
No one knows how far it goes,
for the road is never-ending.

It goes away,
beyond what we have thought of.
It flows away,
Away like flowing water.

~ Benjamin Hoff ~

(The Te of Piglet)

